

## DECEMBER 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 3 OZ CHICKEN W/ GRAVY 4 OZ ROASTED POTATOES 4 OZ BROCCOLI 4 OZ PINEAPPLE
4 SAUSAGE & PEPPERS GRINDER 3 OZ SAUSAGE W/ ROLL 4 OZ SAUCE W/ ONIONS & PEPPERS 4 OZ MIXED VEGETABLES 1 ORANGE	5 Breakfast for Lunch  Eggs Bacon French Toast	6 Hot Dog w/ bun Beans	7 Stuffed Scallops W/ Linguini  Salad Garlic Bread	8 3 OZ BEEF TIPS 2 OZ BEEF GRAVY 4 OZ MASHED POTATOES 4 OZ GREEN BEANS 4 OZ TROPICAL FRUIT
11 3 OZ SWISS STEAK 2 OZ TOMATO GRAVY 4 OZ MASHED POTATOES 4 OZ CARROT COINS 4 OZ FRUIT COCKTAIL	12  <b>HOLIDAY POTLUCK LUNCHEON</b>	13 3 OZ MEATLOAF 2 OZ GRAVY 4 OZ MASHED POTATOES 4 OZ CARROT COINS 4 OZ PEACHES	14 Turkey Sandwich W/ Lettuce, Tomato & Mayo  Coleslaw	15 CHRISTMAS LUNCHEON 3 OZ BAKED HAM 4 OZ SWEET POTATOES 4 OZ GREEN BEAN CASSEROLE 4 OZ SPICED PINEAPPLE CHRISTMAS COOKIES
18 3 OZ CHICKEN CORDON BLEU 4 OZ ROASTED RED POTATOES 4 OZ BEETS 4 OZ MANDARIN ORANGES	19 Tomato Soup Grilled Cheese Sandwich	20 3 OZ CHICKEN STROGANOFF 2 OZ CHICKEN & MUSH GRAVY 4 OZ EGG NOODLES 4 OZ BRUSSELS SPROUTS 1 APPLE	21 Beef Taco's W/ all the fixings	22  Closing @ 12:00pm No Lunch Served
25 CHRISTMAS HOLIDAY  <b>CLOSED</b>	26 Mac & Cheese W/ steamed Broccoli	27 BIRTHDAY LUNCHEON 3 OZ BREADED CHICKEN 2 OZ FLORENTINE SAUCE 4 OZ RICE PILAF 4 OZ SCANDINAVIAN VEG 4 OZ BIRTHDAY CAKE 4 OZ FRUIT JUICE	28  <b>New Year's Party</b>	29  Closing @ 12:00pm No Lunch Served

(Menu subject to change without notice)

Meals served Monday – Friday @ 12:00pm. to persons 60 years or Older. Meal reservations need to be made 24hrs. in advance by calling:

The East Haddam Senior Center @ (860) 873-5034 by 12:00pm.  
\$4.00 donation is required

